



MAYO CLINIC

Liver Transplantation

When and How to Refer

Mayo Clinic Transplant Center in Arizona

For Referrals or Information

Phone – 480-342-1010 Fax – 480-342-2677

The liver transplant team is committed to working closely with referring physicians to coordinate: evaluation, treatment and pre and post-operative management of transplant patients.

Checklist for Making a Referral

- Make referral by phone, fax or online (www.mayoclinic.org/online-services)
- Fax patient's medical records to 480-342-2677.
- No insurance pre-authorization required. Mayo transplant financial coordinators will obtain authorization.

Background Information

Candidates for liver transplantation – patients with an acute or chronic condition that results in irreversible liver dysfunction, such as:

- ▶ Chronic cholestatic liver disease (i.e., primary biliary cirrhosis and primary sclerosing cholangitis)
- ▶ Chronic active hepatitis
- ▶ Early stage primary liver cancer (hepatocellular carcinoma)

Clinical Criteria for liver transplant candidates:

- ▶ Suitable heart-lung function and no medical conditions that limit life expectancy
- ▶ Highly motivated to adhere to a strictly regimented medical program before and after surgery
- ▶ Commitment to the lifelong requirements of postoperative care and follow-up of immunosuppressive medications

United Network for Organ Sharing (UNOS) - Organization that administers and manages the nation's organ placement.

- ▶ MELD (Model for End Stage Liver Disease) System - Numerical scale that prioritizes patients waiting for a liver transplant
- ▶ MELD score range: Lowest score 6 (less ill) to highest score 40 (very ill)
- ▶ MELD score is calculated based on lab values of Total Bilirubin, Creatinine, INR, Albumin (not included in score), Sodium (not included in score)
- ▶ Visit www.unos.org - Resources (MELD calculator)

Liver Transplant Evaluation at Mayo Clinic – What to Expect

Length of evaluation - Five days

- ▶ Out of town patients need to allow five consecutive days.
- ▶ Local patients will be seen based on appointment availability.

Typical appointments include:

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| ▶ Hepatologist - Liver Specialist | ▶ Imaging (CT and/or MRI) |
| ▶ Nurse Transplant Coordinator | ▶ Dental Panorex |
| ▶ Social worker | ▶ EGD/Colonoscopy |
| ▶ Financial coordinator | ▶ Cardiopulmonary evaluation |
| ▶ Transplant Surgeon | ▶ Psychiatry |
| ▶ Lab Tests | ▶ Infectious Disease |

After evaluation and testing

- ▶ If appropriate, patient will be listed with UNOS.
- ▶ When patient is placed on transplant list, it is helpful to have the referring physician office include a Complete Metabolic Panel (CMP) and INR if drawing other patient labs and fax the results to the Transplant Center at 480-342-2677.

Referrals may be made by phone **480-342-1010**, fax **480-342-2677** or online (Online Services for Referring Physicians - OSRP). To enroll in OSRP, visit www.mayoclinic.org/online-services.



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www.mayoclinic.org

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