

Capsule Endoscopy

Procedure Instructions

Procedure Date: _____ Check-in Time: _____ GI Physician: _____

Location: _____ Procedure Time: _____

Instructions:

7 Days Before Your Procedure:

Discontinue taking all medications containing iron, including multivitamins.

Day Before Your Procedure:

At noon, begin a clear liquid diet. Do not consume any red or purple liquids or alcohol.

- Do NOT use any tobacco products or marijuana, do NOT take non-prescribed drugs, and do NOT drink alcohol after midnight before your procedure.
- DRINK ONLY CLEAR LIQUIDS ALL DAY (No solid food):

The explanation of a clear liquid diet is anything you can see through if held up to a light.

Approved Clear Liquids:

- Water, Black Coffee or Black Tea (no cream or artificial cream)
- Strained fruit juices WITHOUT pulp (Example: apple, white grape)
- Clear Broth or Bouillon (Example: chicken or beef or vegetable broth)
- Carbonated CLEAR soft drinks (Example: Sprite, ginger ale)
- Gatorade, Kool aid or lemonade with no pulp (NO RED OR PURPLE)
- Plain Jell-O (without fruit or toppings) (NO RED OR PURPLE)
- Popsicles (NO RED OR PURPLE)
- NO DAIRY PRODUCTS
- NO ALCOHOLIC BEVERAGES

Day Of Your Procedure:

- Stop drinking clear liquids 10 hours prior to your exam. You may take all of your usual morning medications with 4 oz of water up to 3 hours prior to your procedure. Bring a list of your current medications, including any over-the-counter medications, with you.
- Our staff will discuss your medication schedule and any additional instructions with you when you arrive. Our staff will place a belt with sensors across your abdomen, For your comfort, please wear an upper garment of thin, natural fiber cloth (such as a T-shirt) that is long enough to reach the hip level. You may drive yourself home after the procedure

